



welcome



SMYRNA
CARE CENTER

200 Mayfield Drive
Smyrna, TN 37167
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SMYRNACARECENTER.COM

WELCOME TO SMYRNA CARE CENTER

Thank you for choosing us for your skilled care needs. Smyrna Care Center is a full-service nursing facility offering rehabilitative care, long term care and skilled nursing.

Nursing care is provided for those recovering from an illness or injury, or those requiring 24 hour care. We deliver the most comprehensive care available, providing for the physical, emotional, spiritual, and social needs of our residents and patients.

The following services are provided:

- 24 Hour Nursing Staff
- Full Time Nurse Practitioner Onsite
- Medication Management
- Disease Management
- Pain Management
- Recreational Activities
- Social Services
- Palliative Care
- Therapy Services: Physical, Occupational, Speech
- Beauty Salon*
- Laundry Services
- Housekeeping

**additional costs may apply for salon services; please call the receptionist for more details .*

**WIFI Network: ELCGuest
Password: Guest@cce\$\$**

WHAT TO EXPECT

Upon your arrival, our nursing team will complete an initial assessment and obtain vitals. An inventory sheet needs to be completed for your clothing and personal items upon admission. Please ensure all items are logged and updated throughout your stay.

Within 72 hours, you will meet with several members of the Administrative Team. During these brief meetings, the team will explain several important aspects of your stay, such as:

- Expected length of stay
- Medications and treatment
- Primary/secondary payors
- Therapy goals
- Discharge planning process
- Advanced Directives
- Care Plan Meetings

YOUR ATTENDING PHYSICIAN

During your stay, your skilled needs will be cared for by Smyrna Care's medical team of RNs, LPNs, Social Workers and Therapists. Your care will be overseen by our Medical Director and Attending Physician, Dr. Donald Vollmer, MD and Smyrna Care's Certified Nurse Practitioner Lamantha Richardson. Dr. Vollmer will complete an initial comprehensive assessment, assist in care plan development, periodically review care plan goals, and ensure the appropriate diagnostic tests are performed. Your first visit with Dr. Vollmer is expected to occur within 72 hours upon admission; you will then receive one doctor visit every 30 days, unless additional visits are needed. Please note that the Attending Physician and Certified Nurse Practitioner will remain on call throughout your entire stay, in case of emergency.

MEDICATIONS

Once you have arrived and your hospital orders have been clarified, your prescriptions will be sent to our contracted pharmacy to be filled. Medications are delivered same-day to the facility, depending on the time of your arrival (medications are typically delivered to the facility 3 times per day). Please see your Nurse Supervisor regarding any questions or concerns.

THERAPY SERVICES

Therapists will be in to assess your current therapy goals and prior functioning abilities. Your assessment will indicate the duration and frequency of the services you will receive. Depending on your assessment and/or Physician's orders, you may be seen up to 5-6 days per week, with 1-3 sessions per day. Each session can range from 30-75 minutes. You will begin to receive your daily therapy schedule the day following your initial assessment. Schedules are also available at the Nurse's Station, and are subject to change.

DISCHARGE PLANNING

To help provide you with a safe and seamless transition home, our Social Services Director will arrange post-discharge services prior to your discharge. These services may include home health aides, therapy (in-home or outpatient), and durable medical equipment. Your length of stay will be determined by

several key factors, such as your insurance benefits, nursing needs, and/or progress in therapy.



WHAT CAN I BRING?

Suggested Items:

- CD Players, CD's, mp3player, Etc.
- Dentures
- Disposable incontinency products
- Eye glasses
- Paintings, afghans, throw pillows
- Plastic framed photos
- Personal Furniture
- Toiletries
- Washable and labeled apparel (7-10 day supply) and walking shoes

Items Not

Recommended:

- Glass or breakable items
- Coffee Maker
- Electric Blankets
- Excessive amounts of sweets
- Bedside Medications
- Powder
- Perishable food
- Live plants
- Power Strips

This center is a Long Term/Short Term Care Community. We care for people regardless of age, race, color, national origin, religion, sex, disability, being a qualified veteran, or any other category protected by laws, or decisions regarding Advance Directives.



TESTIMONIALS

“Everyone is nice and friendly and willing to help in any way they can. Great care.” –J.B.

“Professional yet friendly, fun and smiling!” –D.P.

“I am really thankful for the care my brother is receiving. This facility has given us peace of mind about his well being.” –D.G.

“Nice good personality – Dr., nurse, therapy, case worker!!!! I thank everyone. I give it a 10.” –B.W.



Our purpose is to enhance the life of each individual we touch by exceeding expectations through compassion and love.

Our vision is to be recognized as the premier provider of exceptional service.